



Bement Elementary Menu

October 2020

Breakfast Prices

\$0.00 Free
 \$0.30 Reduced
 \$1.60 Paid (All Grades)

Lunch Prices

\$0.00 Free
 \$0.40 Reduced
 \$2.80 Paid (K-5)
 \$2.90 Paid (6-8)
 \$3.00 Paid (9-12)

*= Pork Product
 **= Chicken Product
 ***=Turkey Product
 B=Bread
 V= Vegetarian

*Due to current shortages, menus are subject to change

Cheesy Omelet w/ Toast

- 1) Popcorn Chicken w/R
- 2) PB&J w/ String Cheese (V)

Fruits & Vegetables
 Green Beans, Fresh Baby Carrots, Fresh Banana, Applesauce

Apple Bosco Stick

- 1) Tony's Cheese Pizza (V)
- 2) Turkey & Cheese Sandwich

Fruits & Vegetables
 Steamed Broccoli, Cucumber Slices, Variety Fresh Fruit, Apricots

5

Waffles w/ Syrup

- 1) Salisbury Steak w/Gravy w/R
- 2) Chicken Patty on Bun

Fruits & Vegetables
 Mashed Potatoes, Fresh Baby Carrots, Apple Slices, Fruit Mix

6

Sausage Pancake Wrap***

- 1) Orange Chicken w/ Broccoli & Rice
- 2) Cheese Pizza Lunchable (V)

Fruits & Vegetables
 Steamed Carrots, Red Pepper Strips, Fresh Oranges, Diced Pears

7

Chocolate Glazed Donut

- 1) Chicken Nachos
- 2) Popcorn Chicken Salad w/R

Fruits & Vegetables
 Refried Beans, Side Salad, Apple Slices, Diced Peaches

8

Chocolate Filled Crescent

- 1) Macaroni & Cheese w/R (V)
- 2) Pretzel, Yogurt & Cheese Plate

Fruits & Vegetables
 Sweet Potatoes, Celery Sticks, Fresh Banana, Applesauce

9

No School

12

Columbus Day

13

Pancakes w/ Syrup

- 1) Chicken Parmesan w/ Spaghetti
- 2) Cheese Pizza Lunchable

Fruits & Vegetables
 Green Beans, Red Peppers, Fresh Oranges, Diced Pears

14

Glazed Donut

- 1) Cheese Quesadilla(V)
- 2) Popcorn Chicken Salad w/R

Fruits & Vegetables
 Steamed Carrots, Celery Sticks, Apple Slices, Diced Peaches

15

Cheesy Omelet w/ Toast

- 1) Hot Dog on Bun***
- 2) Pretzel, Yogurt & Cheese Plate(V)

Fruits & Vegetables
 Refried Beans, Cucumber Slices, Fresh Banana, Applesauce

16

Cherry Frudel

- 1) Tony's Pepperoni Pizza
- 2) BBQ Rib Sandwich*

Fruits & Vegetables
 Golden Corn, Side Salad,, Variety Fresh Fruit, Apricots

19

Waffles w/ Syrup

- 1) Fish Sticks
- 2) Popcorn Chicken w/R

Fruits & Vegetables
 Fries, Fresh Baby Carrots, Apple Slices, Mixed Fruit

20

Strawberry Parfait w/ Toast

- 1) Loaded Tater Tots and Popcorn Chicken
- 2) Hot Dog on a Bun***

Fruits & Vegetables
 Green Peas, Celery Sticks, Fresh Oranges, Diced Pears

21

Breakfast Pizza***

- 1) Italian Dunkers w/ Sauce w/R
- 2) Chicken Patty on Bun

Fruits & Vegetables
 Green Beans, Fresh Broccoli, Apple Slices, Diced Peaches

22

Egg & Cheese Melt on Bun

- 1) Chicken Quesadilla
- 2) Chicken Nuggets w/R

Fruits & Vegetables
 Refried Beans, Cucumber Slices, Fresh Banana, Applesauce

23

Sausage Pancake Wrap***

- 1) Tony's Cheese Pizza (V)
- 2) Cheeseburger on Bun

Fruits & Vegetables
 Baked Beans, Red Pepper Strips, Variety Fresh Fruit, Apricots

26

French Toast Sticks w/ Syrup

- 1) Chicken Nachos
- 2) Romaine & Cheese Salad w/R

Fruits & Vegetables
 Golden Corn, Fresh Baby Carrots, Apple Slices, Fruit Mix

27

Scrambled Eggs w/ Cheese & Pancake

- 1) French Toast Sticks w/ Sausage**
- 2) Cheese Pizza Lunchable (V)

Fruits & Vegetables
 Tater Tots, Red Pepper Strips, Fresh Oranges, Diced Pears

28

Cinnamon Sugar Donut

- 1) Bosco Sticks w/ Marinara (V)
- 2) Popcorn Chicken Salad w/R

Fruits & Vegetables
 Baked Beans, Side Salad, Apple Slices, Diced Peaches

29

Sausage Pancake Wrap***

- 1) Meatloaf w/ Gravy w/R
- 2) Pretzel, Yogurt & Cheese Plate

Fruits & Vegetables
 Mashed Potatoes, Celery Sticks, Fresh Banana, Applesauce

30

Breakfast Pizza***

- Halloween Cookie*
- 1) Tony's Pepperoni Pizza*
 - 2) PB&J w/ String Cheese (V)

Fruits & Vegetables
 Steamed Broccoli, Cucumber Slices, Variety Fresh Fruit, Pineapple Tidbits

More info...

BREAKFAST

WG Cereal, Muffins, Cinnamon toast, String Cheese, Fresh Fruit and 100% Fruit Juice offered daily!

More info...

BREAKFAST & LUNCH

Fat Free Chocolate Milk, Fat Free Strawberry Milk & 1% White Milk