



Bement Elementary Menu

November 2020

2

Egg & Cheese Muffin

- 1) Country Fried Steak** w/ Gravy
- 2) Bacon* Cheeseburger on Bun
- 3) PB&J w/ String Cheese (V)

Fruits & Vegetables
Mashed Potatoes, Cauliflower, Apple Slices, Fruit Mix

3

No School

4

Glazed Donut

- 1) Hot Ham** & Cheese on Bun
- 2) Chicken Nuggets
- 3) PB&J w/ String Cheese (V)

Fruits & Vegetables
Baked Beans, Celery Sticks, Apple Slices, Diced Peaches

5

Cheesy Omelet w/ Toast

- 1) Popcorn Chicken
- 2) Hot Dog on a Bun***
- 3) PB&J w/ String Cheese (V)

Fruits & Vegetables
Green Beans, Fresh Baby Carrots, Fresh Banana, Applesauce

6

Apple Bosco Stick

- 1) Tony's Cheese Pizza (V)
- 2) Corn Dog on a Stick**
- 3) PB&J w/ String Cheese (V)

Fruits & Vegetables
Steamed Broccoli, Cucumber Slices, Variety Fresh Fruit, Apricots

9

Waffles w/ Syrup

- 1) Chicken Quesadilla
- 2) Chicken Patty on Bun
- 3) PB&J w/ String Cheese (V)

Fruits & Vegetables
Refried Beans, Fresh Baby Carrots, Apple Slices, Fruit Mix

10

Sausage Pancake Wrap***

- 1) Chicken Nuggets
- 2) Cheese Pizza Lunchable (V)
- 3) PB&J w/ String Cheese (V)

Fruits & Vegetables
Steamed Carrots, Red Pepper Strips, Fresh Oranges, Diced Pears

11

Chocolate Glazed Donut

- 1) Corn Dog on a Stick**
- 2) Popcorn Chicken Salad
- 3) PB&J w/ String Cheese (V)

Fruits & Vegetables
Baked Beans, Side Salad, Apple Slices, Diced Peaches

12

Chocolate Filled Crescent

- 1) Cheese Pizza (V)
- 2) BBQ Rib Sandwich*
- 3) PB&J w/ String Cheese (V)

Fruits & Vegetables
Sweet Potatoes, Celery Sticks, Fresh Banana, Applesauce

13

Biscuits & Sausage* Gravy

- 1) Tony's Pepperoni* Pizza
- 2) Fish Sticks w/R
- 3) PB&J w/ String Cheese (V)

Fruits & Vegetables
Steamed Broccoli, Cucumber Slices, Variety Fresh Fruit, Mandarin Oranges

16

Egg & Cheese Muffin

- 1) Pancakes w/ 2 Sausage**
- 2) Chicken Patty on Bun
- 3) PB&J w/ String Cheese (V)

Fruits & Vegetables
Tater Tots, Fresh Broccoli, Apple Slices, Mixed Fruit

17

Pancakes w/ Syrup

- 1) Chicken Parmesan w/ Spaghetti
- 2) Cheese Pizza Lunchable
- 3) PB&J w/ String Cheese (V)

Fruits & Vegetables
Green Beans, Red Peppers, Fresh Oranges, Diced Pears

18

Glazed Donut

- 1) Cheese Quesadilla(V)
- 2) Chicken Tenders
- 3) PB&J w/ String Cheese (V)

Fruits & Vegetables
Steamed Carrots, Celery Sticks, Apple Slices, Diced Peaches

19

Cheesy Omelet w/ Toast

Thanksgiving Meal
Turkey & Gravy, Mashed Potatoes, Green Beans, Applesauce and Roll
Peanut Butter & Jelly Sandwich

All meals served with a dessert

20

Cherry Frudel

- 1) Tony's Pepperoni Pizza
- 2) BBQ Rib Sandwich*
- 3) PB&J w/ String Cheese (V)

Fruits & Vegetables
Golden Corn, Variety Fresh Fruit, Variety Fresh Vegetable

23

Waffles w/ Syrup

- 1) Fish Sticks w/ Mac n' Cheese
- 2) Popcorn Chicken
- 3) PB&J w/ String Cheese (V)

Fruits & Vegetables
Fries, Variety Fresh Fruit, Variety Fresh Vegetable

24

Strawberry Parfait w/ Toast

- 1) Chicken Patty on Bun
- 2) Hot Dog on a Bun***
- 3) PB&J w/ String Cheese (V)

Fruits & Vegetables
Green Peas, Variety Fresh Fruit, Variety Fresh Vegetable

25

26

27

HAPPY THANKSGIVING!!

30

French Toast Sticks w/ Syrup

- 1) Chicken Nachos
- 2) BBQ Rib Sandwich*
- 3) PB&J w/ String Cheese (V)

Fruits & Vegetables
Golden Corn, Fresh Baby Carrots, Variety Fruit

*= Pork Product
**= Chicken Product
***=Turkey Product
B=Bread
V= Vegetarian

Join us for our annual Thanksgiving Turkey Meal November 19th!

Happy Thanksgiving

*Due to current shortages, menus are subject to change.

All Students continue to eat reimbursable breakfast and lunch at NO CHARGE!

More info...

BREAKFAST

WG Cereal, Muffins, Cinnamon toast, String Cheese, Fresh Fruit and 100% Fruit Juice offered daily!

More info...

BREAKFAST & LUNCH

Fat Free Chocolate Milk, Fat Free Strawberry Milk & 1% White Milk