



Bement Middle and High School Menu

December 2022

*Vegetarian Options

Holiday Christmas Sweater for students and staff on December 16th

1 Scrambled Eggs w/ Toast

1. Nachos
 2. Cheeseburger on Bun
 3. Two Cheese Salad
 4. Sausage Pizza
- Fruits & Vegetables**
Steamed Broccoli, Fresh Green Pepper Strips, Fresh Banana, Applesauce

2 Pancakes w/ Syrup

1. Pizza Sticks w/ Sauce*
 2. Chicken Patty on Bun
 3. Pretzel, Yogurt & Cheese*
 4. Cheese Pizza*
- Fruits & Vegetables**
Baked Beans, Fresh Romaine, Variety Fresh Fruit

5 Breakfast Pizza

1. Horseshoe
 2. Corn Dog
 3. Cheese Pizza Lunchable*
 4. Pepperoni Pizza
- Fruits & Vegetables**
Golden Corn, Tomato Wedges, Whole Apple, Fruit Mix

6 Sausage & Cheese Biscuit

1. Pancakes w/ Sausage
 2. Chicken Patty on Bun
 3. PB&J w/ String Cheese*
 4. Cheese Pizza*
- Fruits & Vegetables**
Tater Tots, Fresh Broccoli, Orange Wedges, Sour Applesauce

7 French Toast Sticks

1. Meatball Sub
 2. BBQ Rib on Bun
 3. Popcorn Chicken Salad
 4. Cheeseburger Pizza
- Fruits & Vegetables**
Baked Beans, Fresh Cucumber Slices, 100% Juice, Whole Apple



8 Cocoa Cinnamon Powdered Donut Holes

1. Orange Chicken & Broc w/ Rice
 2. Cheeseburger on Bun
 3. Nacho Salad w/ Tortilla Chips
 4. Sausage Pizza
- Fruits & Vegetables**
Green Beans, Fresh Baby Carrots, Fresh Banana, Rosy Applesauce



9 Pancake on a Stick

1. Spicy Chicken Sandwich
 2. Fish Sticks
 3. Muffin, Yogurt & Cheese*
 4. Cheese Pizza*
- Fruits & Vegetables**
Steamed Broccoli, Fresh Romaine, Variety Fresh Fruit

12 Pancakes w/ Syrup

1. Salisbury Steak & Gravy
 2. Hot Dog on Bun
 3. Ham & Cheese Sandwich
 4. Pepperoni Pizza
- Fruits & Vegetables**
Mashed Potatoes, Fresh Broccoli, Whole Apple, Fruit Mix

13 Scrambled Eggs w/ Toast

1. Buffalo CHIX Meatball Mac & Cheese Bowl
 2. Cheeseburger on Bun
 3. PB&J w/ String Cheese*
 4. Cheese Pizza*
- Fruits & Vegetables**
Steamed Carrots, Fresh Red Pepper Strips, Orange Wedges, Diced Pears

14 Pancake on a Stick

1. Pizza Sticks w/ Sauce*
 2. Chicken Nuggets
 3. Ham & Cheese Lunchable
 4. Buffalo Chicken Pizza
- Fruits & Vegetables**
Tater Tots, Fresh Cucumber Slices, 100% Juice, Diced Peaches

15 Powder Sugar Donut Holes

1. Buffalo CHIX Meatball Mac & Cheese Bowl
 2. Corn Dog
 3. Strawberry Parfait
 4. Sausage Pizza
- Fruits & Vegetables**
Baked Beans, Fresh Green Pepper Strips, Fresh Banana, Watermelon Craisins

16 Biscuits & Gravy

1. BBQ Rib on Bun
 2. Chicken Patty on Bun
 3. Pretzel, Yogurt & Cheese*
 4. Cheese Pizza*
- Fruits & Vegetables**
Golden Corn, Variety Vegetable, Variety Fresh Fruit

19 Chef's Choice

1. French Toast Sticks w/ Sausage
 2. Cheeseburger on Bun
 3. Cheese Pizza Lunchable*
 4. Pepperoni Pizza
- Fruits & Vegetables**
Tater Tots, Variety Vegetable, Variety Fresh Fruit

20 Chef's Choice

1. Pasta w/ Meat Sauce w/B
 2. Cheese Quesadilla*
 3. PB&J w/ String Cheese*
 4. Cheese Pizza*
- Fruits & Vegetables**
Variety Vegetable, Variety Fresh Fruit

21 Chef's Choice

1. Chicken Nuggets
 2. Hot Dog on Bun
 3. Ham & Cheese Sandwich
 4. Cheeseburger Pizza
- Fruits & Vegetables**
Variety Vegetable, Variety Fresh Fruit

22 Special Offer



23 Breakfast Prices

Reduced: \$0.30
Paid K-12: \$1.70

Lunch Prices

Reduced: \$0.40
Paid 6-8: \$3.00
Paid 9-12: \$3.10
Adult: \$3.65

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Happy Holidays

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More info...

Breakfast: You can always Pick 2 – cereal, string cheese, cracker, muffin, or yogurt.

More info...

- French Fries and Bread offered Daily with lunch
- 1% White and Skim Chocolate Milk offered with every meal