Bement Elementary Menu
August 2019

Breakfast Prices
$0.00 Free
$0.30 Reduced
$1.60 Paid (All Grades)

Lunch Prices
$0.00 Free
$0.40 Reduced
$2.80 Paid (K-5)
$2.90 Paid (6-8)
$3.00 Paid (9-12)

Welcome Back!

BREAKFAST
WG Cereal, Breakfast Bars, Muffins, Cinnamon toast, String Cheese, Fresh Fruit and 100% Fruit Juice offered daily!

BREAKFAST & LUNCH
Fat Free Chocolate Milk, Fat Free Strawberry Milk & 1% White Milk

More info…
*= Pork Product
**= Chicken Product
***=Turkey Product
B=Bread Slice
2B=Two Bread Slices
V= Vegetarian

12

13

14

15
Pancakes w/ Syrup
1) Cheeseburger on a Bun
2) Chicken Nuggets w/B
3) Turkey & Cheese Sandwich
Fruits & Vegetables
Baked Beans, Fresh Cucumber Slices, Applesauce Cups, 100% Apple Juice

16
Pancake & Sausage* on a Stick**
1) Cheese Pizza (V)
2) Chicken Patty on Bun
3) Italian* Salad w/B
Fruits & Vegetables
Golden Kernel Corn, Side Salad, Variety Fresh Fruit, Pineapple Cup

19
Egg & Cheese Biscuit
1) Beef Fiestada
2) Hot Dog*** on a Bun
3) Romaine/Cheese Salad w/B (V)
Fruits & Vegetables
Tater Tots, Fresh Baby Carrots, Fresh Red Apple, 100% Fruit Punch

20
Raspberry Yogurt w/ Toast
1) Nacho Cheese Walking *Dorito* Taco
2) Chicken Tenders w/B
3) Peanut Butter & Jelly (V)
Fruits & Vegetables
Refried Beans, Fresh Broccoli, Fresh Orange Wedges, Applesauce Cups

21
Peach Parfait w/ Toast
1) BBQ Rib* on a Bun
2) Corn Dog on a Stick**
3) Ham** & Cheese Sandwich
Fruits & Vegetables
French Fries, Fresh Red Pepper Strips, Fresh Green Apple, Diced Pears

22
Breakfast Pizza
1) Orange Chicken w/ Rice
2) Chicken Nuggets w/B
3) Muffin, Yogurt & Cheese Plate (V)
Fruits & Vegetables
Steamed Carrots, Fresh Celery Sticks, Fresh Banana, 100% Apple Juice

23
Egg, Cheese & Sausage Burrito**
1) Pepperoni Pizza*
2) Cheese Pizza (V)
3) Turkey & Cheese Sandwich
Fruits & Vegetables
Golden Kernel Corn, Side Salad, Variety Fresh Fruit, Mixed Fruit Cup

26
Bagel w/ Cream Cheese
1) Country Fried Steak & Gravy w/ B
2) Cheeseburger on a Bun
3) Egg Chef Salad w/B (V)
Fruits & Vegetables
Mashed Potatoes, Fresh Baby Carrots, Fresh Red Apple, 100% Fruit Punch

27
Grape Filled Crescent
1) Sloppy Joe Melt
2) Chicken Patty on Bun
3) Ranch Chicken Salad w/B
Fruits & Vegetables
Seasoned Baby Peas, Fresh Cherry Tomatoes, Fresh Orange Wedges, Applesauce Cups

28
Powdered Sugar Donut
1) Meatball Sub on a Bun
2) Popcorn Chicken w/B
3) Peanut Butter & Jelly (V)
Fruits & Vegetables
Steamed Broccoli, Fresh Red Pepper Strips, Fresh Green Apple, Diced Peaches

29
Egg, Bacon* & Cheese on Flatbread
1) Nachos w/ Scps
2) Chicken Nuggets w/ Animal Crackers
3) Pretzel, Yogurt & Cheese Plate (V)
Fruits & Vegetables
Refried Beans, Fresh Cauliflower, Fresh Banana, 100% Apple Juice

30
Frosted Fudge Pop Tart
1) Cheese Pizza (V)
2) Hot Dog*** on a Bun
3) Cheesy Wrap (V)
Fruits & Vegetables
Steamed Carrots, Side Salad, Variety Fresh Fruit, Pineapple Cup

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This institution is an equal opportunity provider.