Bement Elementary Menu

January 2020

Cool Cafe — Food...Fun...Friends

Fuel Theme for the Month: Bruschetta Pizza

1

2

3

Breakfast Prices
$0.00 Free
$0.30 Reduced
$1.60 Paid (All Grades)

Lunch Prices
$0.00 Free
$0.40 Reduced
$2.80 Paid (K-5)
$2.90 Paid (6-8)
$3.00 Paid (9-12)

6

No School

7

Vanilla Glazed Donut

1) Cheeseburger
2) Chicken Tenders w/B
3) Peanut Butter & Jelly (V)

Fruits & Vegetables
Refried Beans, Variety Fruit, Variety Vegetable

8

Breakfast Pizza

1) BBQ Rib* on a Bun
2) Corn Dog on a Stick**
3) Ham** & Cheese Sandwich

Fruits & Vegetables
French Fries, Fresh Red Pepper Strips, Fresh Green Apple, Diced Pears

9

Peach Parfait w/ Toast

1) Fuel: Bruschetta Pizza
2) Chicken Nuggets w/B
3) Muffin, Yogurt & Cheese Plate (V)

Fruits & Vegetables
Sweet Potatoes, Fresh Broccoli, Fresh Banana, 100% Apple Juice

10

Egg, Cheese & Sausage Burrito**

1) Pepperoni Pizza*
2) Cheese Pizza (V)
3) Turkey & Cheese Sandwich

Fruits & Vegetables
Golden Kernel Corn, Side Salad, Variety Fresh Fruit, Mixed Fruit Cup

13

Bagel w/ Cream Cheese

1) Country Fried Steak & Gravy w/ B
2) Cheeseburger on a Bun
3) Egg Chef Salad w/B (V)

Fruits & Vegetables
Mashed Potatoes, Fresh Baby Carrots, Fresh Red Apple, 100% Fruit Punch

14

Ham, Egg & Cheese Biscuit

1) Sloppy Joe Melt
2) Chicken Patty on Bun
3) Ranch Chicken Salad w/B

Fruits & Vegetables
Seasoned Baby Peas, Fresh Cherry Tomatoes, Fresh Orange Wedges, Applesauce Cups

15

Powdered Sugar Donut
Happy Birthday Bash!!

1) Meatball Sub on a Bun
2) Popcorn Chicken w/B
3) Peanut Butter & Jelly (V)

Fruits & Vegetables
Steamed Broccoli, Fresh Red Pepper Strips, Fresh Green Apple, Diced Peaches

16

Egg, Bacon* & Cheese on Flatbread

1) Nachos w/ Scps
2) Chicken Nuggets w/ Animal Crackers
3) Pretzel, Yogurt & Cheese Plate (V)

Fruits & Vegetables
Refried Beans, Fresh Cauliflower, Fresh Banana, 100% Apple Juice

17

Egg & Cheese Bagel

1) Cheese Pizza (V)
2) Hot Dog*** on a Bun
3) Egg, Cheese & Goldfish (V)

Fruits & Vegetables
Steamed Carrots, Side Salad, Variety Fresh Fruit, Pineapple Cup

20

Martin Luther King Jr. Day

21

Vanilla Glazed Donut
Ace's Breakfast Giveaway

1) Hot Ham** & Cheese on Bun
2) Hot Dog*** on a Bun
3) Peanut Butter & Jelly (V)

Fruits & Vegetables
Veg. Baked Beans, Fresh Celery Sticks, Fresh Orange Wedges, Applesauce Cups

22

Cheesy Bacon*, Egg & Potato Bite Taco

1) Chicken Tenders w/B
2) BBQ Rib* on a Bun
3) Egg Chef Salad w/B (V)

Fruits & Vegetables
Sweet Potatoes, Fresh Red Pepper Strips, Fresh Green Apple, Apricot Halves

23

Pancake & Sausage* on a Stick**

1) Macaroni & Cheese (V
2) Chicken Nuggets w/B
3) Muffin, Yogurt & Cheese Plate (V)

Fruits & Vegetables
Green Beans, Fresh Broccoli, Fresh Banana, 100% Apple Juice

24

French Toast Sticks w/ Syrup

1) Pepperoni Pizza*
2) Cheese Pizza (V)
3) Turkey & Cheese Sandwich

Fruits & Vegetables
Steamed Broccoli, Side Salad, Variety Fresh Fruit, 100% Grape Juice

27

Strawberry Banana Yogurt w/ Toast

1) Pancakes w/ Sausage**
2) Chicken Patty on Bun
3) Bagel, CC & Cheese Plate (V)

Fruits & Vegetables
Tater Tots, Fresh Baby Carrots, Fresh Red Apple, 100% Fruit Punch

28

Sausage & Cheese Biscuit**

1) Rotini w/ Meat Sauce
2) Cheeseburger on a Bun
3) Egg, Cheese & Goldfish (V)

Fruits & Vegetables
Golden Kernel Corn, Fresh Celery Sticks, Fresh Orange Wedges, Applesauce Cups

29

Egg Omelet w/ Toast & Tater Tots

1) Cheese Quesadilla (V)
2) Hot Dog*** on a Bun
3) Ham** Chef Salad w/B

Fruits & Vegetables
Steamed Carrots, Fresh Red Pepper Strips, Fresh Green Apple, Diced Pears

30

Vanilla Glazed Donut

1) Beef Soft Tacos
2) Chicken Nuggets w/ Animal Crackers
3) Muffin, Yogurt and Cheese Plate (V)

Fruits & Vegetables
Refried Beans, Fresh Broccoli, Fresh Banana, 100% Apple Juice

31

Strawberry Parfait w/ Toast

1) Pepperoni Pizza*
2) Cheese Pizza (V)
3) Ham** & Cheese Sandwich

Fruits & Vegetables
Steamed Broccoli, Side Salad, Variety Fresh Fruit, Mixed Fruit Cup

BREAKFAST
WG Cereal, Breakfast Bars, Muffins, Cinnamon toast, String Cheese, Fresh Fruit and 100% Fruit Juice offered daily!

BREAKFAST & LUNCH
Fat Free Chocolate Milk, Fat Free Strawberry Milk & 1% White Milk

More info…
*= Pork Product
**= Chicken Product
***=Turkey Product
B=Bread Slice
2B=Two Bread Slices
V= Vegetarian

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This institution is an equal opportunity provider.