



Bement Elementary School Menu January 2018

1
**NO SCHOOL
CHRISTMAS
VACATION**

2
**NO SCHOOL
CHRISTMAS
VACATION**

3
**NO SCHOOL
TEACHER
INSTITUTE**

4 **Glazed Donut**
1) Nachos w/ Tortilla Scoops
2) Chicken Nuggets w/ BS
3) Fruit, Yogurt and Cheese Plate (V)
Fruits & Vegetables
Refried Beans, Fresh Celery
Sticks, Fresh Banana,
100% Apple Juice

5 **Breakfast Pizza***
1) Cheese Pizza (V)
2) Cheeseburger
3) Italian Salad w/BS**
Fruits & Vegetables
Steamed Spinach, Side Salad,
Variety Fresh Fruit,
Mixed Fruit Cup

8 **Biscuits & Gravy**
1) Salisbury Steak & Gravy w/ BS
2) Breaded Chicken Patty
3) Ham** & Cheese Sub
Fruits & Vegetables
Seasoned Baby Peas, Fresh
Baby Carrots, Fresh Red Apple,
100% Fruit Punch

9 **Warm Cinnamon Roll**
1) Country Popcorn Chicken Bowl
2) Hot Dog on a Bun
3) Bagel, CC & Cheese Plate (V)
Fruits & Vegetables
Steamed Carrots, Cherry
Tomatoes, Fresh Orange
Wedges, Applesauce Cups

10 **Pancakes w/Syrup**
1) BBQ Rib* on a Bun
2) Beef Fiestada
3) Popcorn Chicken Salad
w/BS
Fruits & Vegetables
Tater Tots, Fresh Broccoli,
Fresh Green Apple, Diced
Peaches

11 **Cheesy Scrambled
Eggs, Toast & Hashbrown**
1) Cheesy Baked Penne (V)
2) Chicken Nuggets w/BS
3) Peanut Butter & Jelly (V)
Fruits & Vegetables
Baked Beans, Fresh Cucumber
Slices, Fresh Banana,
100% Apple Juice

12 **Powdered Sugar
Donut**
1) Pepperoni Pizza*
2) Chicken Tenders w/BS
3) Turkey & Cheese Wrap
Fruits & Vegetables
Golden Kernel Corn, Side Salad,
Variety Fresh Fruit,
Pineapple Cup

15
NO SCHOOL

16 **Strawberry Banana
Yogurt w/ Toast**
1) Tater Tot Chicken Nachos w/ Scps
2) Hot Dog on a Bun
3) Ham** & Cheese Wrap
Fruits & Vegetables
Golden Kernel Corn, Fresh
Broccoli, Fresh Orange
Wedges, Applesauce Cups

17 **Mini Maple Waffles**
1) Corn Dog on a Stick
2) Breaded Chicken Patty
3) Italian Salad w/BS **
Fruits & Vegetables
French Fries, Fresh Red Pepper
Strips, Fresh Green Apple, Diced
Pears

18 **Chocolate Glazed
Donuts**
1) General Tso Chicken w/Rice
2) Chicken Nuggets w/BS
3) Peanut Butter & Jelly (V)
Fruits & Vegetables
Steamed Carrots, Fresh Celery
Sticks, Fresh Banana,
100% Apple Juice

19 **Cheese Omelet, Toast
& Hashbrown**
1) Pepperoni Pizza*
2) Cheese Pizza (V)
3) Turkey & Cheese Sub
Fruits & Vegetables
Baked Beans, Side Salad,
Variety Fresh Fruit,
Mixed Fruit Cup

22 **January Birthdays
Celebration
Mini Maple Pancakes**
1) Country Fried Steak w/BS
2) Popcorn Chicken w/BS
3) Ham** Chef Salad w/BS
Fruits & Vegetables
Mashed Potatoes, Fresh Baby
Carrots, Fresh Red Apple, 100%
Fruit Punch

23 **French Toast
Sticks w/Syrup**
1) Chili Mac
2) Breaded Chicken Patty
3) Bagel, CC & Cheese Plate (V)
Fruits & Vegetables
Seasoned Baby Peas, Fresh
Cherry Tomatoes, Fresh Orange
Wedges, Applesauce Cups

24 **Bagel w/
Cream Cheese**
1) Chicken Tenders w/BS
2) BBQ Rib* on a Bun
3) Peanut Butter & Jelly (V)
Fruits & Vegetables
Baked Beans, Fresh Red Pepper
Strips, Fresh Green Apple, Diced
Peaches

25 **Breakfast Pizza***
1) Chicken Penne w/ Alfredo
2) Chicken Nuggets w/BS
3) Pretzel, Yogurt & Cheese Plate (V)
Fruits & Vegetables
Brussels Sprouts, Fresh
Cauliflower, Fresh Banana,
100% Apple Juice

26 **Warm Cinnamon Roll**
1) Cheese Pizza (V)
2) Hot Dog on a Bun
3) Turkey & Cheese Sandwich
Fruits & Vegetables
Steamed Spinach, Side Salad,
Variety Fresh Fruit,
Pineapple Cup

29 **Banana Chocolate
Chunk Bar**
1) Pancakes w/Sausage
2) Corn Dog on a Stick
3) Peanut Butter & Jelly (V)
Fruits & Vegetables
Tater Tots, Fresh Baby Carrots,
Fresh Red Apple, 100% Fruit
Punch

30 **Cinnamon Sugar
Donut**
1) Sloppy Joe Melt
2) Breaded Chicken Patty
3) Popcorn Chicken Salad w/BS
Fruits & Vegetables
Green Beans, Fresh Broccoli,
Fresh Orange Wedges,
Applesauce Cups

31 **Triple Berry
French Toast**
1) Meatball Sub on a Bun
2) Cheese Quesadilla (V)
3) Ham** & Cheese Sandwich
Fruits & Vegetables
Steamed Carrots, Fresh Red
Pepper Strips, Fresh Green
Apple, Apricot Halves

Breakfast Prices
\$0.00 Free
\$0.30 Reduced
\$1.50 Paid (All Grades)
Lunch Prices
\$0.00 Free
\$0.40 Reduced
\$2.70 Paid (K-5)
\$2.80 Paid (6-8)
\$2.90 Paid (9-12)

BREAKFAST
WG Cereal, Breakfast Bars,
Muffins, Cinnamon toast, String
Cheese, Fresh Fruit and 100%
Fruit Juice offered daily!
BREAKFAST & LUNCH
Fat Free Chocolate Milk, Fat Free
Strawberry Milk & 1% White Milk

More info...
January 22nd-Celebrate January Birthdays
with a Whole Grain Rice Krispy Treat!
*= Pork Product
**= Chicken Product
BS=Bread Slice
V=Vegetarian