



Bement Jr High School Menu

August 2017

PARENTS: Remember to complete your Free & Reduced **Lunch** Application for the 2017-2018 School Year. Talk to your student's school office to see if you have been directly certified through the state or if you need to apply this school year!

VERY IMPORTANT FOR YOUR STUDENT!!!

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4 Breakfast Prices
 \$0.00 Free
 \$0.30 Reduced
 \$1.50 Paid (All Grades)
Lunch Prices
 \$0.00 Free
 \$0.40 Reduced
 \$2.70 Paid (K-5)
 \$2.80 Paid (6-8)
 \$2.90 Paid (9-12)

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WELCOME BACK TO SCHOOL 😊

BREAKFAST
 WG Cereal, Breakfast Bars, Muffins, Cinnamon toast, String Cheese, Fresh Fruit and 100% Fruit Juice offered daily!
BREAKFAST & LUNCH
 Fat Free Chocolate Milk, Fat Free Strawberry Milk & 1% White Milk

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16 Cheese Omelet, Toast & Hashbrown
 1) Corn Dog on a Stick
 2) Breaded Chicken Patty
 3) Egg Chef Salad w/BS (V)
 4) Sausage Pizza*
Fruits & Vegetables
 Steamed Carrots, Fresh Red Pepper Strips, Fresh Green Apple, Diced Pears

17 Glazed Donut
 1) Nachos w/ Tortilla Scoops
 2) Chicken Nuggets w/ BS
 3) Fruit, Yogurt and Cheese Plate (V)
 4) Taco Pizza
Fruits & Vegetables
 Refried Beans, Fresh Celery Sticks, Fresh Banana, 100% Apple Juice

18 Breakfast Pizza
 1) Grilled Cheese w/ Bacon
 2) Cheeseburger
 3) Turkey & Cheese Sandwich
 4) Cheese Pizza (V)
Fruits & Vegetables
 Steamed Spinach, Side Salad, Variety Fresh Fruit, Mixed Fruit Cup

More info...
 AUGUST 23rd-Celebrate June, July and August Birthdays with a Whole Grain Rice Krispy Treat!
 *= Pork Product
 **= Chicken Product
 BS=Bread Slice
 V=Vegetarian

21 Biscuits & Gravy*
 1) Salisbury Steak & Gravy w/ BS
 2) Breaded Chicken Patty
 3) Cheesy Wrap (V)
 4) Pepperoni Pizza**
Fruits & Vegetables
 Seasoned Baby Peas, Fresh Baby Carrots, Fresh Red Apple, 100% Fruit Punch

22 Warm Cinnamon Roll
 1) Country Popcorn Chicken Bowl
 2) Hot Dog on a Bun
 3) Bagel, CC & Cheese Plate (V)
 4) Cheeseburger Pizza
Fruits & Vegetables
 Steamed Carrots, Cherry Tomatoes, Fresh Orange Wedges, Applesauce Cups

23 Pancakes w/Syrup
HAPPY BIRTHDAY STUDENTS
 1) BBQ Rib* on a Bun
 2) Beef Fiestada
 3) Romaine Salad w/BS (V)
 4) Sausage Pizza*
Fruits & Vegetables
 Tater Tots, Fresh Broccoli, Fresh Green Apple, Diced Peaches

24 Cheesy Scrambled Eggs, Toast & Hashbrown
 1) Cheesy Baked Penne (V)
 2) Chicken Nuggets w/BS
 3) Peanut Butter & Jelly (V)
 4) Taco Pizza
Fruits & Vegetables
 Baked Beans, Fresh Cucumber Slices, Fresh Banana, 100% Apple Juice

25 Powdered Sugar Donut
 1) Fish & Cheese Melt
 2) Chicken Tenders w/BS
 3) Egg Chef Salad w/BS (V)
 4) Cheese Pizza (V)
Fruits & Vegetables
 Golden Kernel Corn, Side Salad, Variety Fresh Fruit, Pineapple Cup

28 Sausage & Cheese Muffin**
 1) Pizza Sticks w/ Marinara (V)
 2) Cheeseburger
 3) Ham** Chef Salad w/ BS
 4) Pepperoni Pizza**
Fruits & Vegetables
 Green Beans, Fresh Baby Carrots, Fresh Red Apple, 100% Fruit Punch

29 Strawberry Banana Yogurt w/ Toast
 1) Tater Tot Chicken Nachos w/ Scps
 2) Hot Dog on a Bun
 3) Cheesy Wrap (V)
 4) Cheeseburger Pizza
Fruits & Vegetables
 Golden Kernel Corn, Fresh Broccoli, Fresh Orange Wedges, Applesauce Cups

30 Waffles w/ Syrup
 1) Corn Dog on a Stick
 2) Breaded Chicken Patty
 3) Romaine Salad w/BS (V)
 4) Sausage Pizza*
Fruits & Vegetables
 French Fries, Fresh Red Pepper Strips, Fresh Green Apple, Diced Pears

31 Chocolate Glazed Donuts
 1) General Tso Chicken w/Rice
 2) Chicken Nuggets w/BS
 3) Peanut Butter & Jelly (V)
 4) Taco Pizza
Fruits & Vegetables
 Steamed Carrots, Fresh Celery Sticks, Fresh Banana, 100% Apple Juice

1 Chicken & Waffles
 1) Chicken Ranch Club Flatbread
 2) Grilled Cheese (V)
 3) Ham** & Cheese Sandwich
 4) Cheese Pizza (V)
Fruits & Vegetables
 Baked Beans, Side Salad, Variety Fresh Fruit, Mixed Fruit Cup