



Bement Elementary School Menu November 2017

Breakfast Prices

\$0.00 Free
\$0.30 Reduced
\$1.50 Paid (All Grades)

Lunch Prices

\$0.00 Free
\$0.40 Reduced
\$2.70 Paid (K-5)
\$2.80 Paid (6-8)
\$2.90 Paid (9-12)

6 Sausage** & Cheese Muffin

- 1) Pizza Sticks w/ Marinara (V)
- 2) Cheeseburger
- 3) Ham** Chef Salad w/ BS

Fruits & Vegetables

Green Beans, Fresh Baby Carrots, Fresh Red Apple, 100% Fruit Punch

7 Strawberry Banana Yogurt w/ Toast

- 1) Tater Tot Chicken Nachos w/ Scps
- 2) Hot Dog on a Bun
- 3) Ham** & Cheese Wrap

Fruits & Vegetables

Golden Kernel Corn, Fresh Broccoli, Fresh Orange Wedges, Applesauce Cups

1 Pancakes w/Syrup

- 1) BBQ Rib* on a Bun
- 2) Beef Fiestada
- 3) Popcorn Chicken Salad w/BS

Fruits & Vegetables

Tater Tots, Fresh Broccoli, Fresh Green Apple, Diced Peaches

2 Cheesy Scrambled Eggs, Toast & Hashbrown

- 1) Cheesy Baked Penne (V)
- 2) Chicken Nuggets w/BS
- 3) Peanut Butter & Jelly (V)

Fruits & Vegetables

Baked Beans, Fresh Cucumber Slices, Fresh Banana, 100% Apple Juice

3 Powdered Sugar Donut

- 1) Pepperoni Pizza*
- 2) Chicken Tenders w/BS
- 3) Turkey & Cheese Wrap

Fruits & Vegetables

Golden Kernel Corn, Side Salad, Variety Fresh Fruit, Pineapple Cup

13 Mini Maple Pancakes

- 1) Country Fried Steak w/BS
- 2) Popcorn Chicken w/BS
- 3) Ham** Chef Salad w/BS

Fruits & Vegetables

Mashed Potatoes, Fresh Baby Carrots, Fresh Red Apple, 100% Fruit Punch

14 French Toast Sticks w/Syrup

- 1) Chili Mac
- 2) Breaded Chicken Patty
- 3) Bagel, CC & Cheese Plate (V)

Fruits & Vegetables

Seasoned Baby Peas, Fresh Cherry Tomatoes, Fresh Orange Wedges, Applesauce Cups

15 Bagel w/ Cream Cheese

- 1) Chicken Tenders w/BS
- 2) BBQ Rib* on a Bun
- 3) Peanut Butter & Jelly (V)

Fruits & Vegetables

Baked Beans, Fresh Red Pepper Strips, Fresh Green Apple, Diced Peaches

16 Breakfast Pizza*

Thanksgiving Lunch

Turkey
Mashed Potatoes w/Gravy Roll
Green Beans
Applesauce Cups

17 Warm Cinnamon Roll

- 1) Cheese Pizza (V)
- 2) Hot Dog on a Bun
- 3) Turkey & Cheese Sandwich

Fruits & Vegetables

Steamed Spinach, Side Salad, Variety Fresh Fruit, Pineapple Cup

20 November Birthday Celebration Banana Chocolate Chunk Bar

- 1) Pancakes w/Sausage
- 2) Corn Dog on a Stick
- 3) Peanut Butter & Jelly (V)

Fruits & Vegetables

Tater Tots, Fresh Baby Carrots, Fresh Red Apple, 100% Fruit Punch

21 Cinnamon Sugar Donut

- 1) Sloppy Joe Melt
- 2) Breaded Chicken Patty
- 3) Popcorn Chicken Salad w/BS

Fruits & Vegetables

Green Beans, Fresh Broccoli, Fresh Orange Wedges, Applesauce Cups

22 Thanksgiving Break



24 No School

27 French Toast Sticks

- 1) Hot Ham** & Cheese
- 2) Hot Dog on a Bun
- 3) Peanut Butter & Jelly (V)

Fruits & Vegetables

Green Beans, Fresh Baby Carrots, Fresh Red Apple, 100% Fruit Punch

28 Pancake on a Stick

- 1) Rotini w/Meat Sauce
- 2) Pepperoni Pizza*
- 3) Pretzel, Yogurt & Cheese Plate (V)

Fruits & Vegetables

Golden Kernel Corn, Fresh Broccoli, Fresh Orange Wedges, Applesauce Cups

29 Cheese Omelet, Toast & Hashbrown

- 1) Cheesy Bacon* Baked Potato
- 2) Breaded Chicken Patty
- 3) Ham** Chef Salad w/BS

Fruits & Vegetables

Steamed Carrots, Fresh Red Pepper Strips, Fresh Green Apple, Diced Pears

30 Glazed Donut

- 1) Nachos w/ Tortilla Scoops
- 2) Chicken Nuggets w/ BS
- 3) Fruit, Yogurt and Cheese Plate (V)

Fruits & Vegetables

Refried Beans, Fresh Celery Sticks, Fresh Banana, 100% Apple Juice

BREAKFAST

WG Cereal, Breakfast Bars, Muffins, Cinnamon toast, String Cheese, Fresh Fruit and 100% Fruit Juice offered daily!

BREAKFAST & LUNCH

Fat Free Chocolate Milk, Fat Free Strawberry Milk & 1% White Milk

More info...

November 23rd-Celebrate November Birthdays with a Whole Grain Rice Krispy Treat!

*= Pork Product
**= Chicken Product
BS=Bread Slice
V=Vegetarian



This institution is an equal opportunity provider.